



# *Sir James at Dalmeny*

That something special...

With stunning ocean views, landscaped gardens and bright, stylish interiors, Sir James at Dalmeny Aged Care Facility provides excellent nursing care for 80 residents in a friendly, relaxed environment. All rooms are well appointed, light and bright with garden or ocean views. You might even be lucky enough to spot a whale travelling up or down the coast!

Our commitment at Sir James is to provide our residents with a superior level of service, support and care in a calm, safe environment. A range of high and low care beds are available with ACAT approval and our respite beds are always in high demand.

Sir James provides beautiful dining rooms, spacious activity areas, quiet sitting rooms, courtyards and a private dining room for family functions. Our kitchen provides delicious, nutritious meals with a

menu that changes regularly and allows for choice and specific dietary requirements. Residents and their visitors can even enjoy a real cappuccino at our weekly coffee morning. Monthly Resident and Relatives meetings are a wonderful opportunity for discussion and feedback between staff, residents and their families.

Leisure and recreation activities play a key role in enhancing the quality of care that Sir James provides for each resident. We understand that moving to an aged care facility can be a time of enormous re-adjustment.

Our residents enjoy activities such as craft, Tai-Chi, gardening, trivia, walks to the beach or the local cafe with volunteers, and regular special events such as St Patrick's Day, Melbourne Cup, and great bus trips.



## *The care you deserve...*

### Sir James facilities include:

- Beautifully appointed single and double rooms with ensuite, garden or ocean views
- 39 low care, 20 high care, 11 dementia specific rooms and palliative care
- 24 hour quality nursing care and emergency call buttons
- Delicious, nutritious meals prepared by our own cook
- Private dining room for family gatherings
- Happy hour, BBQs, and children's play area
- Air-conditioned comfort in common areas, heating in all rooms
- Telephone, television and computer connections in all rooms
- In-house laundry services
- Hairdressing salon
- Church services & pastoral carer visits
- Monthly Resident and Relatives meetings
- Quarterly newsletter

### Director of Nursing:

As Director of Nursing, Phil Ayre, brings more than 15 years specialised aged care nursing experience to Sir James. Phil is passionate about making a difference in the lives of his residents and their families. Phil's close knit team is well educated, experienced and caring. If you would like to tour our facilities or discuss your specific needs, please do not hesitate to contact us.

Sir James at Dalmeny is owned and managed by the Cook Care Group. If you or a relative would like to see more photos or more information about Cook Care, please visit our website: [www.cookcare.com.au](http://www.cookcare.com.au)



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group

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