



Peninsular Nursing Home

Peninsular Nursing Home, is a 70 bed facility which enjoys an enviable coastal position with views across Mona Vale Golf Course and the ocean. Our spacious outdoor areas capture the sea breeze.

Quality care is a hallmark of Peninsular Nursing home.

Our secure dementia unit provides a safe, peaceful, therapeutic environment for residents.

Respite beds are available for families seeking a break from caring for a family member at home.

Friendly, relaxed and comfortable, this facility is being renovated to reflect the excellent standards of the Cook Care Group.

Our leisure and recreation programs play an important role in helping new residents feel at home, as their cultural background, interests and personal choices are taken into consideration when planning activities.

Our activity programs play an important role in settling our residents, introducing them to new friends and giving them meaningful and enjoyable things to do.

Excellence without compromise





Peninsular Nursing Home Facilities

- 38 bed secure dementia unit
- 32 high care beds
- Respite care
- 24 hour nursing care and support
- Light-filled dining room
- Nutritious meals freshly cooked on the premises
- Freshly baked cakes with morning tea
- In-house laundry services
- Lifestyle and recreation activities
- Personalised mobility programs
- Regular visits from our hairdresser and podiatrist
- Flexible visiting hours
- Church services available
- Monthly Residents/Relatives meeting
- Quarterly newsletter

Director of Nursing

As Director of Nursing, Sue Bailey has 30 years nursing experience. Sue leads a team of experienced, friendly and dedicated care staff who provide a safe and nurturing environment for our residents.

The Cook Care Group

Peninsular Nursing Home is owned and managed by the Cook Care Group. If you or a relative would like to see more photos or read more about Cook Care, please visit our website www.cookcare.com.au



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