



# *Winston House Nursing Home*

## The very best of care

Winston House is conveniently located in Sydney's leafy suburb of Croydon. This facility provides for the physical, social and emotional needs of residents in a secure, high care environment.

Our trained staff provide excellent 24 hour nursing care and accommodation for 40 residents in our frail aged wing and in our secure dementia unit. 'Lorna William', our Extra Service wing, also accommodates 12 dementia residents in elegant, spacious, secure surroundings.

Tastefully renovated, Winston House has beautifully landscaped gardens and outdoor areas for residents and family members to enjoy. All rooms are comfortably furnished and common areas are provided for residents and their visitors.

Residents enjoy delicious, nutritious meals prepared fresh daily by our resident cook and kitchen staff. Special dietary requirements can be accommodated. All resident laundry and linen is managed onsite using our own laundry facilities.

Our Recreation Staff provide a wide range of activities such as exercise, music, craft, trivia, beauty therapy, birthday celebrations and outings.

Winston House is only 12KM from the CBD, easily accessible by public transport and close to many local community facilities.

Our Director of Nursing and her dedicated team look forward to welcoming you to Winston House.

*Excellence without compromise*





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- 16 frail aged beds
- 24 high care, dementia specific beds
- 12 Extra Service, dementia specific beds
- 24 hour professional nursing care and emergency call buttons
- A comfortable facility with air-conditioned dining/common room
- Beautiful landscaped gardens with outside seating for residents and visitors
- Our own cook providing nutritional meals and catering for all dietary requirements
- In-house laundry services
- Lifestyle and Recreation activities tailored to individual needs include exercise, music, craft, movies, and bus trips
- Physiotherapist assessment to maximise mobility
- Visiting hairdresser, podiatrist, and physiotherapist
- Church services
- Respite care for short term needs
- Monthly Residents/Relatives meeting
- Quarterly Newsletter

## **Director of Nursing**

Our Director of Nursing and professional staff take a personal interest in both our residents and their families to ensure that residents are treated as individuals with dignity and respect.

For more information or to register your interest please contact Bianca Ivanicic, Director of Nursing on (02) 9799 7306 or visit our website [www.cookcare.com.au](http://www.cookcare.com.au)

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